



ROCKRIDGE

ESSE QUAM VIDERI



April 3rd, 2017

[Rockridge School Website](#)

[West Vancouver District Website](#)

[Principal's Blog](#)

[Daily Announcements](#)

CALENDAR UPDATE	
Apr	Event
	Environment Club – Mother’s Day Plant Sale – To Place Order – Click here
4-7	Rockridge TC presents: Monte Cristo at the Kay Meek Theatre – see details below
May	SUMMER LEARNING – Registration Opens May 1st

COLLABORATION BLOCK – Thursday, April 6, 2017

Grade 8 - Trip to Kay Meek

Students will board the buses beginning at 12:15 pm for Kay Meek Theatre in West Vancouver. They have been invited to our school’s modern-day production of Monte Cristo. Students will return to Rockridge by 2:57 pm. Please see previous Grade 8 emails for information about the trip.

Grade 9 - Take Home Assignment

All students including Super Achievers, Academy students and FAST students will receive an online assignment to complete. Log onto msjansen.com for details. Students may work on this assignment at the school, if they wish.

Grade 10 - Safeteen Workshop Level 2

Last year in grade 9, students received Safeteen Level 1 training which was an introduction to their violence prevention assertiveness model. In the Level 2 workshops, students will experience interactive exercises, dialogue and powerful theatre pieces to address openly sexual boundaries and consent. My Body is Not Your Playground: a Level 2 workshop for female-identifying youth provides them with an opportunity to examine their behaviours, establish boundaries and find their power in relationship to sexual consent.

The Power of Choice: a Level 2 workshop for male- identifying youth examines male issues of sexuality and power, young men will be invited to step up to the authentic power of personal choice and to step into their full humanity with dignity and courage.

For further information please visit: <http://www.safeteen.ca/secondary/>

Students will be assigned a classroom according to the lists posted outside the main office and library on Thursday. Students have been grouped according to gender and alphabetically by their last name. These workshops will begin at the beginning of block 4 @ 12:38 pm and continue until 2:57 pm. Therefore, students will not go to their regular, block 4 classes but instead will report to their

assignment workshop location. We strongly recommend that Grade 10 Super Achievers, Academy students and FAST students make arrangements with their coaches to attend this workshop.

ROCKRIDGE THEATRE COMPANY PRODUCTION

Rockridge TC proudly presents: **Monte Cristo**, April 4 - 7 at the Kay Meek Theatre

Book by Flip Kobler & Cindy Marcus

Music by Dennis Poore & Flip Kobler

Tickets can be purchased from Theatre Company cast and crew, or via emailing Avril Foster or Jennifer Ohlhauser: avrilfoster@wvschools.ca or johlhauser@wvschools.ca

DPAC PARENT EDUCATION NIGHT – DR. SHIMI KANG, RAISING RESILIENT, HAPPY, HEALTHY KIDS

Parents are invited to join us at the Kay Meek Theatre on Tuesday, May 2nd to hear from Dr. Shimi Kang, an award-winning, Harvard-trained doctor, research, author, mother and specialist in Child and Youth Mental Health. Please see the attached poster for details, or visit

http://www.kaymeekcentre.com/on_stage/2503 for tickets.

Presentation summary

We all know a few people who seem to have it all together: as they navigate life's challenges and opportunities, they radiate with passion, purpose, meaning and joy. According to Dr. Kang, this group of people shares one important characteristic that uniquely positions them to thrive in today's stressful human environment. What can parents do to cultivate the one powerful trait that will help their children become happier, healthier and more motivated?

Tickets: www.kaymeekcentre.com

\$20 WVS parents / \$25 General

PHYSICS HEADSTART 11 AND PHYSICS HEADSTART 12 - July 25-August 4, 2017

These courses are designed for students who are transitioning from Science 10 to Physics 11, IB Physics 11, and AP Physics 1. The summer preview will focus on foundational skills essential for success in Grade 11 and a booster for Grade 12 level Physics courses. The preview will explore the following topics:

1. Math for Physics Basics: Trigonometry, Algebra, Geometry, Sig Figs and Calculator Mechanics
2. Graphing: Curve Straightening, Computers Assisted Graphing
3. Problem Solving through Puzzling
4. Lab Writing (including design labs)
5. 1-D Kinematics

For further information, contact: MHopkinson@wvschools.ca

2017 NORTH SHORE TABLE TENNIS OPEN

We are pleased to announce that NSTTC Society will be hosting the 2nd Annual 2017 North Shore Table Tennis Open for Youth Beginners to Intermediate under U-12 years old and Youth under U-18 years old on Sunday April 9, 2017 at SENTINEL Secondary school gym in West Vancouver.

We would like to invite all elementary and high school students to participate. The goal is to promote and to encourage the development of the sport of Table Tennis among the schools on the North Shore, in BC and other Provinces.

The purpose of this tournament is to expose students to the friendly, fun and competitive environment of Table Tennis and to spark more interest in the sport. The events will consist of individual competitions in appropriate age level. For further details and online Registration: http://nsttc.ca/?page_id=167